

Love the ladies in your life.

Talk with them about vision and aging.

This Mother's Day, give the ladies in your family a gift that will help them see and be their best—a comprehensive dilated eye exam.

Many eye diseases are age-related and have no warning signs. Left untreated, these eye diseases can cause serious vision loss—even blindness—especially in African Americans. Early detection and treatment can help a lady you love save her sight.

So as she ages, give her a gift she'll cherish for a lifetime—the gift of healthy vision. Talk with the women in your life about vision and aging.

Write
the **Vision**
Make your plan to protect your sight.

Visit www.nei.nih.gov/agingeye

